**STITCH & FLIP PLACEMAT**

**Project Requirements:**

6-8 WOF strips of coordinating fabric ranging in width from 1” to 3”

1 – 14” x 20” piece of backing fabric

1 – 14” x 20” of batting (fusible or spray basted to the backing fabric) 2 – 2” strips of coordinating fabric for binding

**SUPPLIES:**

* Sewing machine in good working order with manual, presser feet, attachments, and foot controller.
* ¼” foot to fit your machine
* Sewing Machine Needles – Microtex (Sharp) 80/12 or Quilting 75/11
* Rotary cutter – 45mm. These are really sharp, so the preferred one has an ergonomic handle. The blade retracts when you are not using it.
* Quilting rulers – 8 ½”x24” if you are buying a new one 6 ½” square
* Rotary Cutting Mat (self-healing) – 18”x24” or larger
* Cotton thread in a neutral colour – Gray or beige 50 weight. Both Aurifil (2ply) and Gutterman(3 ply) will work. The Aurifil does not take up as much room in the seam.
* Pins – fine with glass heads. I like Clover Silk Pins as they easily go through the fabric
* Seam ripper
* Tailors Awl – it needs a sharp point as it takes the place of your finger when you get to the end of the seam
* Pencils for marking lines on fabric –white (Fons & Porter) or Frixion pens
* Small scissors or thread snips
* Mary Ellens Best Press – unscented
* Notebook and pen